

Dr. Schippers

Patient Name _____

New Patient Questionnaire

MRN _____

1. **Hand Dominance:** RIGHT LEFT
2. Married Single Divorced Widowed
3. Who is with you at your appointment? _____
4. Who recommended you to see Dr. Schippers? _____
5. Who is your primary care provider? _____

6. **Work history**

1. Are you currently working: YES NO
2. If no, are you on disability or leave? _____
3. If on disability, what medical condition causes this? _____
4. Employer _____ Job Title _____
5. Job Activity (please describe): _____
6. How does your hand/ wrist problem effect job performance:
 No restrictions Unable to work
 Working with restrictions (describe) _____

7. **Hobbies:** please list any sports or hobbies that you enjoy to better understand how you use your hands/ arms _____

1. Does your hand/ wrist problem affect these activities? YES NO

8. **When did your symptoms start or your injury occur?** (specify date) _____

1. If an injury, where did it occur? _____
2. How did the injury occur? _____

9. Is your **HAND** , **WRIST** or **ELBOW** involved (circle all that apply)?

Which side? RIGHT LEFT BOTH

10. Have you had treatment elsewhere for this? _____

11. Previous tests (check all that apply and please list date and location if known)

- X-rays _____ Nerve study (EMG) _____
 CT or MRI _____ Lab tests _____

12. Previous treatment (check all that apply)

- | | Helpful? | |
|---|-----------------|----|
| | YES | NO |
| <input type="checkbox"/> Medications (specify): _____ | YES | NO |
| <input type="checkbox"/> Occupational or Physical Therapy | YES | NO |
| <input type="checkbox"/> Chiropractic/ Acupuncture | YES | NO |
| <input type="checkbox"/> Injections (how many?): _____ | YES | NO |
| <input type="checkbox"/> Splint/ Brace | YES | NO |
| <input type="checkbox"/> Surgery (what type?): _____ | YES | NO |

13. **Chief complaints** (circle all that apply):

Pain Limited Motion Weakness Numbness Other _____

14. **Symptoms** (complete as applicable)

PAIN **Intensity** (scale of 0-10)

At its best ____ At its worst ____ At rest ____ With activity ____

Character (circle all that apply)

Sharp & stabbing/ Dull ache/ Burning/ Throbbing/ Other _____

Duration (choose one)

Constant/ Intermittent/ With activity/ Only at night/ Other: _____

LIMITED MOTION (please circle the cause): pain/ strength loss/ block to motion

NUMBNESS (specify fingers/ area involved): _____

OTHER: _____

15. What makes it worse? (circle all that apply) Pushing or pulling/ Lifting/ Grasping/ Writing

Other: (please describe) _____

16. What makes it better? (circle all that apply) Heat/ Ice/ Massage/ Avoiding activity/ Brace Other:

(please describe) _____

17. Do your pain/ symptoms affect your **sleep**? YES NO

If yes, circle the following: prevents from getting to sleep/ awakens at night

Frequency (please specify): every night/ ____ times a week/ ____ times a month

18. If the result of accident, is there litigation involved? YES NO

Attorney: _____

19. Is this associated with a worker's compensation claim? YES NO

20. Other current orthopedic conditions:

Neck No Yes Who is providing treatment? _____

Shoulder No Yes Who is providing treatment? _____

Back No Yes Who is providing treatment? _____

Hip/ Knee No Yes Who is providing treatment? _____

Ankle/ Foot No Yes Who is providing treatment? _____

21. Any other information that you think is important for us to know in order to optimize outcomes for your hand: _____
